

Family Caregiver Support Program

Virtual Support Groups and Programs 2021

Caregiver Support Groups

Caregivers Caring for those with Memory Loss

Tuesdays (1st and 3rd of the month)

5:30-7PM- contact Cindy Hession-Richard

chession@esmv.org

Wednesdays (1st of the month)

11AM-12PM -contact Kathy Perrella

kperrella@nselder.org

Wednesdays (3rd of the month)

7PM-8PM -contact Kathy Perrella

kperrella@nselder.org

Savvy Caregiver Program

(Dementia Caregiver)

Healthy Living Center of

Excellence

Ongoing schedule of classes

Contact Crystal Polizzotti

cpolizzotti@esmv.org

Virtual Memory Café

Tuesdays (1st and 3rd)

1PM-2PM contact Lyn Brennan

lbrennan@esmv.org

Grandparents

Raising Grandchildren

Thursdays (1st of the month)

11-12PM

Contact Cindy Hession-Richard

chession@esmv.org

General Caregiver Support

Thursdays (1st of the month)

1PM-2PM in coordination

St Michael's, North Andover

Contact Lyn Brennan

lbrennan@esmv.org

Thursdays (3rd of the month)

1PM-2PM contact Lyn Brennan

lbrennan@esmv.org

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